



heat

HOSPITALITY EMPLOYMENT  
AND TRAINING

## ► *heat update*

**SKYS Learning Centre**

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South Melbourne VIC 3205

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### HAPPY NEW YEAR

2008 was another successful year at HEAT, Highlights include:

Thirty-six students graduated from HEAT in 2008, four students gained apprenticeships, eight are working in the hospitality industry and twenty have gone on to further education and study. On the following page you can also see some finding from a recent evaluation of HEAT. HEAT recently had an exciting call from a HEAT 6 graduate, Tez Evans informing us about his new job as a Head Chef! Guy Grossi joined HEAT as Patron and we successfully moved into our new premises at the SKYS Learning Centre HEAT is geared up to continue in it successes with another exciting year in 2009!

HEAT 13 is underway the participants battled last weeks hot weather and ran their first Mockbar, it was a very successful day and showed that we have some real hospitality stars in the group. HEAT 13 participants will play an instrumental part in hosting HEAT's first WORLDS HOMELESS LONGEST LUNCH on Friday 13<sup>th</sup> March, in conjunction with the Melbourne Food and Wine Festival.

I would like to personally thank everyone who offered HEAT support in 2008, through attending HEAT events, providing work experience opportunities for HEAT students and by donating equipment, money and time. It is all greatly appreciated

If you have any enquires about HEAT please contact me on .  
[Vanessa@skys.org.au](mailto:Vanessa@skys.org.au) 9696 9380

I hope to see you all at a HEAT event soon!

Cheers, Vanessa

### HOMELESS- WORLDS LONGEST LUNCH

As part of the Melbourne Food and Wine Festival HEAT will be hosting a Worlds Longest Lunch on Friday 13<sup>th</sup> March. The event aims to raise awareness of the issue of homelessness, to give past and present HEAT participants the opportunity to work at a large event, be a part of the Melbourne Food and Wine Festival and to allow homeless members of our community the opportunity to enjoy a afternoon of fine food and entertainment on the lawn of the St Kilda Town Hall. HEAT is asking for donations of \$80, which will go towards allowing a homeless member of our community or someone at risk of homelessness to attend the lunch. To make a donation please contact Vanessa at HEAT on 9696 5340 or [Vanessa@skys.org.au](mailto:Vanessa@skys.org.au) you can also see more about the event on the Melbourne Food and Wine Festival website.

[www.melbournefoodandwine.com.au](http://www.melbournefoodandwine.com.au)



#### **BUNNINGS delivers a BBQ to HEAT!**

Elise Brennan Smith (HEAT 12 Graduate), Vanessa Murnane, Bwalya Mulenga (Bunnings), Sen. Srgt. Timothy Hanson and Jess McLaren (HEAT 12 Graduate). Handing over the BBQ donated to HEAT by BUNNINGS in Port Melbourne.



HEAT's new home at Pickles St, South Melbourne

## WHY DOES HEAT WORK SO WELL AND WHY IS IT SUCH AN IMPORTANT PROGRAM?

.....because young people who have been disengaged from any education and or training for a significant period of time become re engaged – discipline and purpose.

Therefore, they refocus themselves as responsible citizens both personally and as part of society and the communities they are connected to.

The findings presented below are a testament to the success of the program.

At the end of 2008 an evaluation was conducted to ensure that HEAT consistently meets the needs and expectations of stakeholders and program participants. Below are some of the findings that emerged from the evaluation:

- **100% of the students developed industry specific skills of food handling, food preparation and hygiene, health and safety. 86% of the students developed responsible serving of alcohol, customer service and food and beverage skills.**
- **Students developed greater levels of confidence (86%) and motivation (71%). All students believed the skills developed from the HEAT program would help them in their future education and employment.**
- **Involvement with HEAT has led to life changing experiences, including re-engaging with their community and developing personal, educational, further training and / or employment goals.**



"it has made me be more positive towards myself then being negative"

"Hopefully I will get like and apprenticeship and then, um, keep going and become a chef and maybe own my own restaurant. That's"

**"HEAT Rocks!"**  
(as quoted by a student of HEAT 12)

"they help you with everything. Accomadation, housing, counselling, everything, anything a youth needs is here"

"I am really happy with the program because I am learning new skills everyday"

## Heat Poem

By Nickolas Woertjes

I'm on my way to heat  
I'm coming thru Flinders Street  
All my mates I'll greet  
There's only 1 place to meet  
There's with Kylie and Vanessa at heat

The chef Arnold teaches us to cook  
As a group we all look  
Like a bunch of chefs from a book  
The head chef is a sook  
We all love to cook

The first person there is Kylie  
She loves the new place  
No-one takes her lightly  
And is never in a race

The leaders Vanessa will always care  
And make a good mayor  
She is not afraid of a dare  
And is fair

Kylie and Vanessa are a pair  
Who are nice I swear  
People like them are rare  
And don't forget Arnold a part of the pair

From the students of HEAT 13

The team at BIRKENSTOCK have been providing HEAT participants with a pair of Profi-Birkis to wear while working the kitchens at William Angliss and to keep and use in their future employment.



Profi-birki brand manager , Emma Elliott (right) with HEAT 13 Participants after being fitted for their new shoes at the Birkenstock Australia Showroom.

**HEAT 13 is now taking bookings for our HEAT**

**Café's, being held on**

**Thursday 12th February and Thursday 5th March,  
12pm.**

**The cost of includes a cafe style lunch, non-alcoholic beverage and tea or coffee.**

**(2 courses \$10 or 3 course \$15)**

**To make a booking call HEAT on 9696 5340 or  
email [Vanessa@skys.org.au](mailto:Vanessa@skys.org.au)**